## Minutes of the Washoe County School District Group Insurance Committee

January 25, 2018

## 1. Opening Items

### 1.01 Call to Order

The meeting of the Washoe County School District Group Insurance Committee was called to order at 2:03 p.m. at the Central Administration Building Board Room, 425 East 9<sup>th</sup> Street, Reno, Nevada.

#### 1.02 Roll Call

Committee members Don McHenry, WSPA Representative, Chairperson, Eric Diamond, School Police Officers Association Kellie Carney, ESP Representative, Gail Carson, Management Representative, Danny Kitts, Retiree Representative, Robert Munson, Certified Representative, Kathy Howard, Certified Representative Dawn Miller, Certified Representative, Jordan Howell, Pro-Tech Representative were present. Toni Maresjo, ESP Representative was excused. WCSD representative Jackie James, Risk Manager was also present.

### 1.03 Public Comment

Deborah Banks commented on the billing issues she was dealing with through Renown

## 1.04 Action to Adopt the Agenda

Action: It was moved by Dawn Miller, second by Robert Munson, to adopt the agenda as presented (Yea: Gail Carson, Don McHenry, Jordan Howell, Kellie Carney, Danny Kitts, Eric Diamond, Robert Munson, Dawn Miller and Kathy Howard). Final Resolution: Motion Carried 9-0.

### 2 Items for Discussion, Presentation and/or Action

## 2.01 Presentation and Discussion of Washoe County School District Health Insurance Internal Service Fund as of December 2017

Gail Carson, Washoe County School District Controller, reviewed the December 2017 financial reports. According to the comparative statement of net assets for December 2017, total assets were \$22,123,157 as compared to \$17,127,411 this time last year, an increase of \$4,995,746 (29%). Total liabilities for December 2017 were \$9,739,264 as compared to \$8,594,448 last year, an increase of \$1,144,816 (13%). Total net position

for December was \$12,332,936 as compared to \$8,451,701 an increase of \$3,881,235 (46%).

## 2.02 Presentation and Discussion of Washoe County School District Group Insurance Claims Experience Report as of December 2017

Tom Marshall, Account Executive for L/P Insurance, reviewed the 16 exhibits for the December 2017 utilization report. The total Prescription Drugs composite is currently \$143.99 as compared to the prior year average of \$167.62. The total EPO Medical and Prescriptions claims composite is \$1,747.45 compared to prior year average of \$1,794.34. The total PPO Medical and Prescriptions claims composite is \$730.09, as compared with the prior year average of \$650.31. The total HSA Medical and Prescriptions claims composite is \$430.92. The dental claims composite is \$57.73, as compared with last year's average of \$57.79. All self-funded medical, prescription and dental claims reflected a composite cost of \$775.70 as compared with last year's average of \$725.60. There are thirty-four (34) Medical and Pharmacy Plan claims in excess of \$175,000 with eleven (11) exceeding \$400,000 reported for December 2017.

## 2.03 Presentation and Discussion of Washoe County School District Group Insurance Claims Activity and Turnaround Report as of October 2017

Trevor Hallam, Hometown Health, reviewed the HTH Plan claims activity report for December 2017. There were 15,784 claims received during the month and 13,557 paid with 2,923 claims left open during the month. There were 2,157 dental claims received with 1,639 being paid.

# 2.04 Presentation and Discussion of Washoe County School District Group Insurance Wellness Program Report as of December 2017

Laura Thurston presented the Wellness Report. Total participants for the Wellness Screenings were 3,503, Lab work 93% and Screenings only 7%. 2017 Vaccinations totaled 2,672. Health assessment Completion Rate was 80% September 1 through December 1, 2017. December 2 through January 22, 2018 87%. November through December 2017 WCSD Angel Tree which is 100% employee funded giving back to other employees. 10 randomly selected employees and their families were provided with gifts and essentials through anonymous online registries. Maintain Don't Gain Challenge ended January 7, 2018. 940 registrants, 519 attained the program challenge. Truckee Meadows Trails Challenge runs January 1 through December 31, 2018. Participants are reimbursed registration fee upon completion. Mindfulness Based Stress Reduction Into night is January24, 2018 at UNR. Motivate U begins January 25, 2018. 90 WCSD members were chosen for the program. Snow Shoe Treks are February 3, 17 and March 3, 2018. Women's Wellness Day February 25, 2018 at Atlantis Resort Casino Spa.

Financial Fitness Challenge February 26 through May 20, 2018. Step Challenge runs March 13 through May 13, 2018.

2.05 Presentation, Discussion, and Possible Action to Make a Recommendation to the Superintendent to add the services of the company "Grand Rounds" to employee benefits. Ground Rounds provides employees and their families the information, technology, and support needed to make decisions related to whether and where to receive care. This model would provide members an option for second opinions with national experts in the fields relating to their specific needs, to include expert opinions and/or office visits. (For Possible Action)

Josh Reimer presented a PowerPoint presentation to the Insurance Committee and explained that Grand Rounds is an Independent Advocate for the member at no cost to them. If approved it would take 45 days for technical set-up from contract signature to implementation. There are two expert medical opinions that were presented. Option 1: unlimited use and Option 2: bundle of cases and case rate.

#### 1.03 Public Comment

Sheryl Bennett commented on the Grand Rounds program hoping that the Insurance Committee will approve to make recommendation

### 2.05 Action

Danny Kitts made to motion that the Insurance Committee make a recommendation to the Superintendent to adopt the services of Grand Rounds Option 2 for a one year contract. Robert Munson 2<sup>nd</sup> the motion.

(Yea: Gail Carson, Don McHenry, Jordan Howell, Kellie Carney, Danny Kitts, Eric Diamond, Robert Munson, Dawn Miller and Kathy Howard). Final Resolution: Motion Carried 9-0.

## 2.06 Approval of Minutes from the November 30 2017 Regular Meeting of the Group Insurance Committee

Action: It was moved by Dawn Miller, second by Kellie Carney, that the Insurance Committee approve the minutes of the November 30, 2017 Regular Meeting of the Group Insurance Committee, with correction of misspelled word on page 3 per Robert Munson. (Yea: Gail Carson, Don McHenry, Danny Kitts, Eric Diamond, Robert Munson, Kathy Howard, Dawn Miller, Jordan Howell and Kellie Carney). Final Resolution: Motion Carried 9-0.

## 3. Closing Items

## 3.01 Announcement of Next Meeting

The next meeting of the Washoe County School District Insurance Committee will take place at 2:00 PM, on Thursday, March 22, 2018 at Washoe County School District Central Administration Building, 425 East Ninth Street, Reno Nevada 89512

#### 3.02 Public Comment

No public comment

## 3.03 Adjourn Meeting

There being no more business, the meeting was adjourned at 3:45 p.m.